

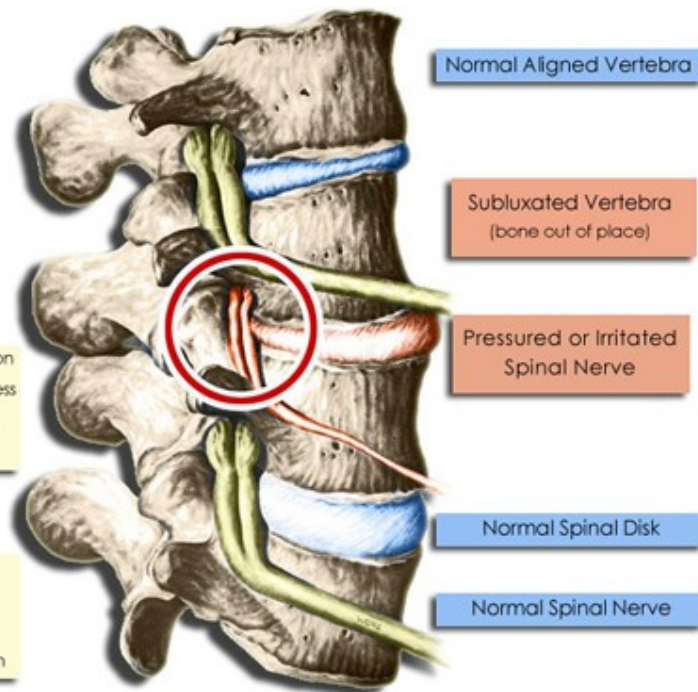
WHAT IS WRONG

Changes in how your spine works are caused by the habits you have and the traumas that you have experienced. At some point, your body cannot compensate any longer and a failure occurs. This is called a subluxation.

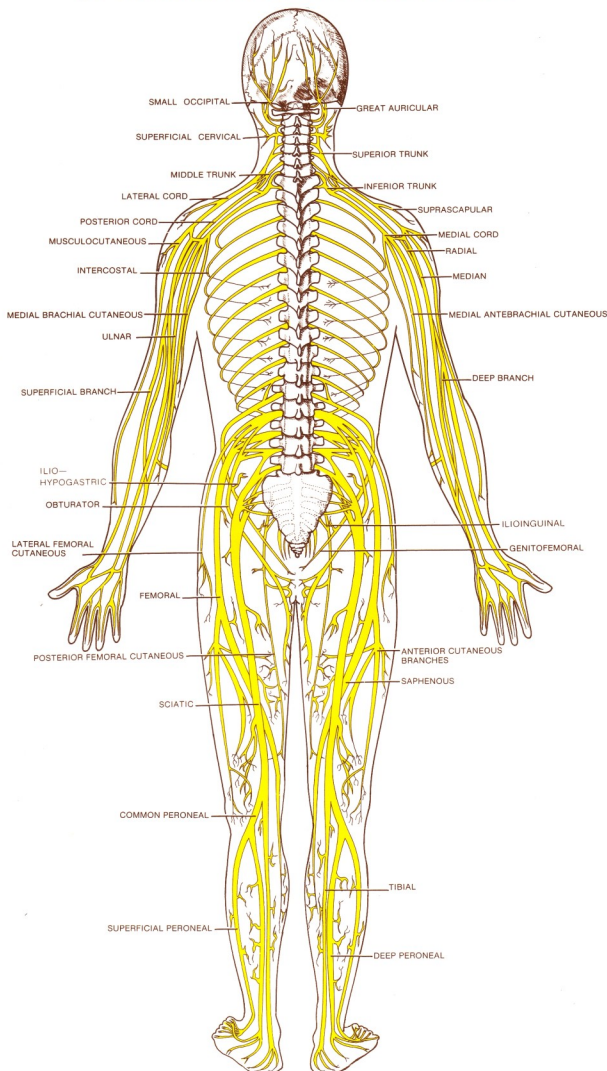
Subluxations may feel like a pinched nerve, tight or sore muscles, joint stiffness or pains in your back. What most people don't realize is that when the nervous system becomes involved, other areas distant from the spine are impacted. You are not always aware of this change. It can simply be an increase or decrease in a tissue's level of activity.

A vertebral subluxation can place undue stress on the disk between the vertebra

Your pain or health problem may be affected by a Vertebral Subluxation



SPINAL NERVE DISTRIBUTION



Symptoms may occur in your arms, legs, head or internal organs. There are probably ache and pains in your body that you cannot imagine were related to your spine. Did you know that research has shown that irritation to the spinal nerves can mimic the symptoms of many diseases?

As you go about your daily life activities, you continue to pile on the trauma and habits. These may be physical, emotional or chemical in nature. Pain is finally the last thing to show up (also the first thing to disappear with care) and is your body's way of getting the brain's attention. Very often it prevents you from doing the very thing that has created the problem in the first place.

Ignoring, or masking these issues with drugs can be devastating to the health of your body!